

Table 2: Summary Statistics of the FFM Personality Traits					
The FFM Personality Traits	Scale Range			Cronbach's Alpha	
	Mean	Min	Max	This Study HRS	MIDI
Openness	2.94	1	4	0.66	0.81
Conscientiousness	3.18	1	4	0.66	0.67
Extroversion	3.28	1	4	0.65	0.76
Agreeableness	3.49	1	4	0.67	0.79
Neuroticism	2.04	1	4	0.75	0.71

Notes: Cronbach's Alpha score ≥ 0.65 considered "acceptable" in most social science research.
Operationalized by the Mid Life Development Inventory (MIDI) Personality Scales.