

Table 1: Five-Factor Model (FFM) Personality Traits		
Personality Traits	Characteristics	Adjectives
Openness to new experience	Ideas, fantasy, aesthetics, actions, feelings, values	Curious, imaginative, artistic, wide-interests, excitable, unconventional
Conscientiousness	Competence, order, dutifulness, achievement-striving, self-discipline, deliberation	Efficient, organized, not careless, thorough, not lazy, not impulsive
Extraversion	Gregariousness, assertiveness, activity, excitement-seeking, positive emotions, warmth	Sociable, forceful, energetic, adventurous, enthusiastic, outgoing
Agreeableness	Trust, straightforwardness, altruism, compliance, modesty, tender-mindedness	Forgiving, not demanding, warm, not stubborn, not show-off, sympathetic
Neuroticism	Anxiety, angry-hostility, depression, self-consciousness, impulsiveness, vulnerability	Tense, irritable, not contented, shy, moody, not self-confident
Source: Costa and McCrae 2008		