Table 3: Efficient Port	tfolio Compositior	has a Function c	of Real_BCOM		
	Panel A: Efficient Portfolios Formed without BCOM				
Efficient Portfolios (SP500 and BBOND only)	Port. Std. Dev	Port. Ex. Ret	SP500 % Holding	BBOND % Holding	BCOM % Holding
10–90 (Ultraconservative)	0.0772	0.0728	10.0%	90.0%	0.0%
30–70 (Conservative)	0.1119	0.0824	30.0%	70.0%	0.0%
50–50 (Balanced)	0.1683	0.0920	50.0%	50.0%	0.0%
70–30 (Aggressive)	0.2310	0.1016	70.0%	30.0%	0.0%
	Panel B: R	eal BCOM = 0.849 (der	ived from Q2 2022) Effic	ient Portfolios including	всом
Efficient Portfolios (SP500 and BBOND only)	Port. Std. Dev	Port. Ex. Ret	SP500 % Holding	BBOND % Holding	BCOM % Holding
10–90 (Ultraconservative)	0.0772	0.0733	11.4%	86.2%	2.3%
30–70 (Conservative)	0.1119	0.0824	30.0%	70.0%	0.0%
50–50 (Balanced)	0.1683	0.0920	50.0%	50.0%	0.0%
70–30 (Aggressive)	0.2310	0.1016	70.0%	30.0%	0.0%
	Panel C: R	eal BCOM = 0.511 (der	ived from Q1 2020) Effic	ient Portfolios including	всом
Efficient Portfolios (SP500 and BBOND only)	Port. Std. Dev	Port. Ex. Ret	SP500 % Holding	BBOND % Holding	BCOM % Holding
10–90 (Ultraconservative)	0.0772	0.0750	10.2%	82.5%	7.3%
30–70 (Conservative)	0.1119	0.0828	27.3%	66.8%	5.9%
50–50 (Balanced)	0.1683	0.0921	47.7%	48.0%	4.3%
70–30 (Aggressive)	0.2310	0.1016	68.5%	28.8%	2.7%
	Panel D: R	eal BCOM = 0.341 (der	rived from Q3 1976) Effic	ient Portfolios including	всом
Efficient Portfolios (SP500 and BBOND only)	Port. Std. Dev	Port. Ex. Ret	SP500 % Holding	BBOND % Holding	BCOM % Holding
10–90 (Ultraconservative)	0.0772	0.0766	7.6%	81.8%	10.6%
30–70 (Conservative)	0.1119	0.0847	20.3%	64.8%	14.9%
50–50 (Balanced)	0.1683	0.0944	35.4%	44.5%	20.1%
70–30 (Aggressive)	0.2310	0.1043	50.8%	23.9%	25.3%

Note: All portfolios are formed with the correlation structure of the 2005–2022 period. Expected returns are inferred from the estimated relationship between *Real\_BCOM* and *BCOM<sub>7RET</sub>* given in Equation (1).