

Table 1: Overview of Big Five Personality Characteristics

Trait	Aspects	High Characteristic	Low Characteristic
Openness	Intellect & Aesthetic Interests	Open to new ideas	Conventional
Conscientiousness	Industriousness & Orderliness	Organized	Disorganized
Extraversion	Enthusiasm & Assertiveness	Gregarious	Meek
Agreeableness	Compassion & Politeness	Agreeable	Antagonistic
Neuroticism	Volatility & Withdrawl	Impulsive	Emotionally Stable