

Seeing How We Think: Insights for Building Strong Connections

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Confidence must be earned



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01

NBI[™] and the Four Dimensions



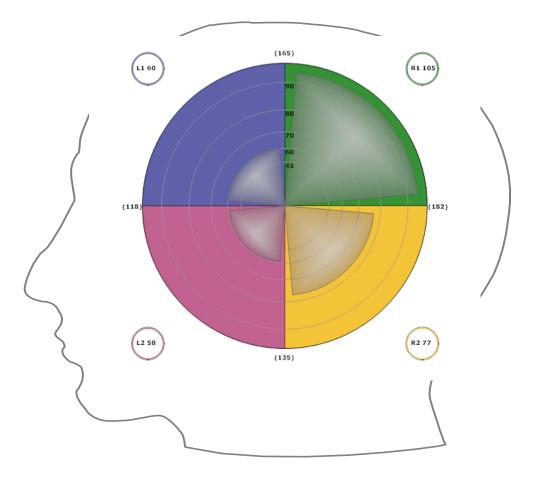
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"We don't see things as they are, we see things as we are."

- Anaïs Nin



NBI[™] Model



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Left and Right Hemispheres

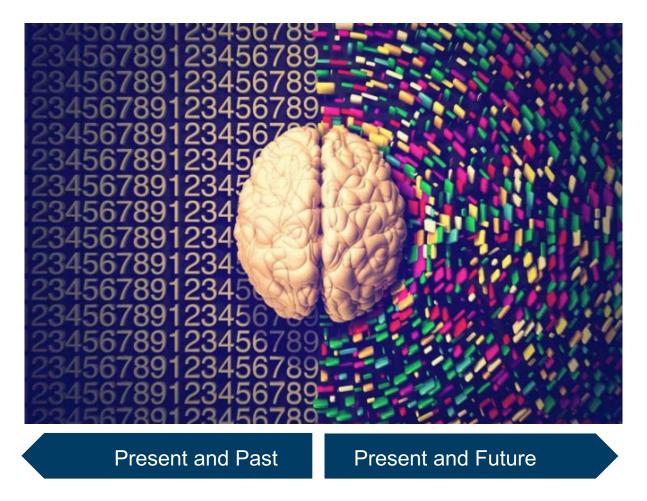
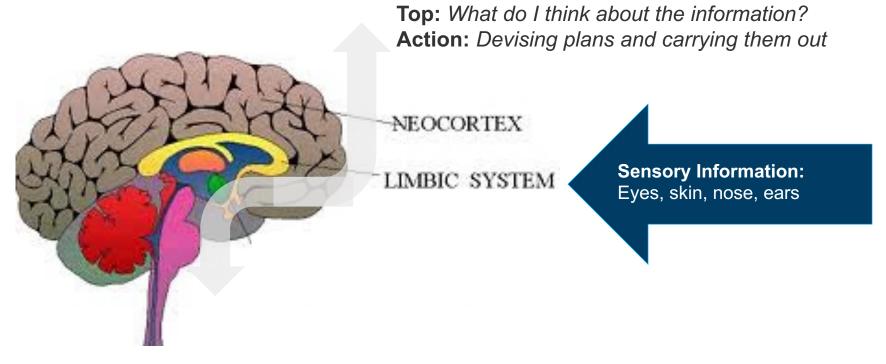


Image: https://twitter.com/postjoe



Top and Bottom Processes



Bottom: What are the patterns I see, what do they remind me of? **Action:** Classifying and putting things in order

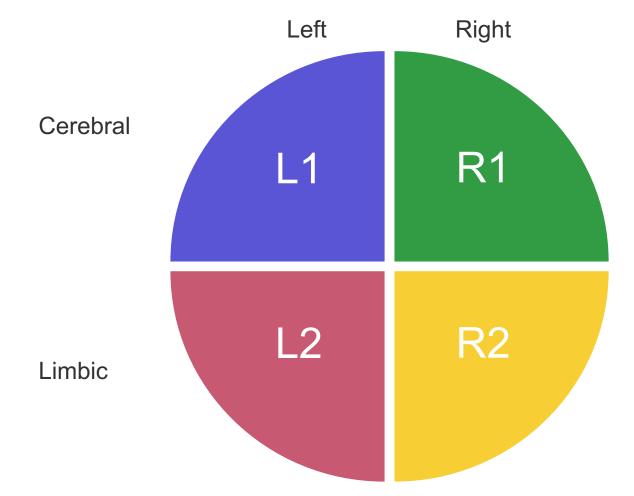
Adapted from NBI™ material by CMS Associates. Image: https://social-brain.com



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Thinking Preferences

Four Dimensions



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L2: "How?"

Preservers & Organizers

Brain looks for:

- Consistency, details, efficiency, order, reliability, routing

Questions they ask:

- How should it be done?
- How do we start? Then what?
- How will this be implemented?

Known for:

- Being on time
- Sticking with routine
- Planning, structure, controls

Makes decisions by:

- Well-informed with all possible data
- Relying on proven methods

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- Thinking through all the details

Hallmarks of L2 Communication

☑ Correct

☑ Detailed, step-by-step

☑ Plans, contingency plans, milestones

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Analysts & Realists

Brain looks for:

Focus, Rationale, Logic, Objectivity, Concrete

Questions they ask:

What is the point? What's the goal or objective? What's the bottom line?

Makes decisions by:

Comparing against the plan or goal Relying on data and facts Testing logic

Known for: Liking to be right

Wanting things to be clear

Hallmarks of L1 Communication:

Coherent, probe for accuracy, cut to the chase









Empathizers & Socializers



Brain looks for: Social connections, shared information, harmony, understanding, support

Questions they ask: Who will be involved? Who will be affected? How do you feel about this?



Makes decisions by:

- Considering best interests of people involved
- Based on what feels right
- Agreement or checking in first before action

Hallmarks of R2 Communication:

- Encouraging
- Frequent
- Emotionally expressive

Known for:

- Diplomacy
- Comfortable with multiple realities
- Connecting well





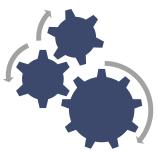
R1: "Why?"

Strategists and Imagineers

Brain looks for: Possibilities, opportunities, connections to big picture

Questions they ask:

Why does this matter? Why am I doing this? Why don't we try...



Makes decisions by:

- Thinking about connections and implications
- Imagining what could be in the future
- Challenging status quo

Known for:

- Innovative ways of doing things
- Taking risks, experimentation
- Preferring change to routine

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Hallmarks of R1 Communication:

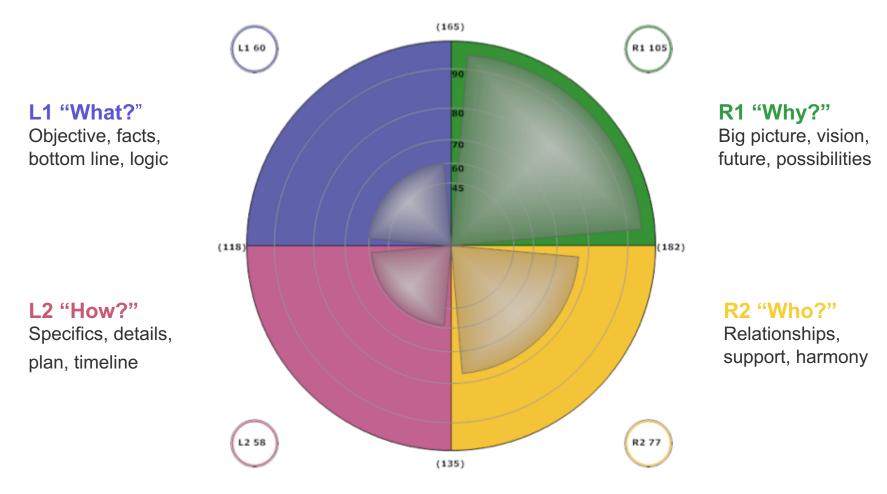
- Many ideas and possibilities
- Conceptual versus details/practical





Example Profile

"Map" of Thinking Processes





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Working with Thinking Preferences



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Business Case

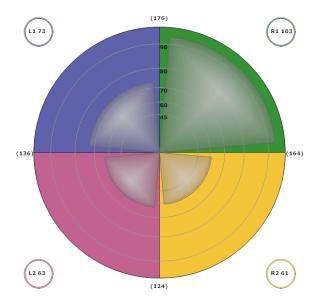
Enable your patients to reach new heights with Zenebrel.



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Business Case





Pharmaceutical Sales Team Marketing Pitch

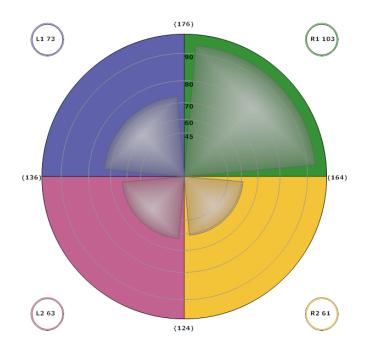
Enable your patients to reach new heights with Zenebrel.

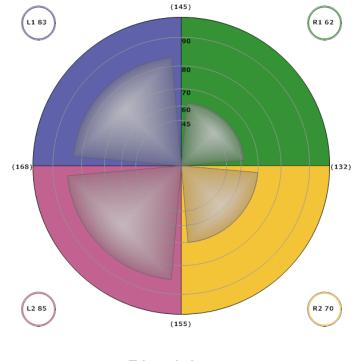
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Business Case

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Pharmaceutical Marketing Pitch

Physicians



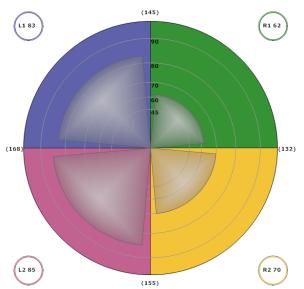
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Business Case



Target inflamed joints for immediate relief with Zenebrel.

Physicians

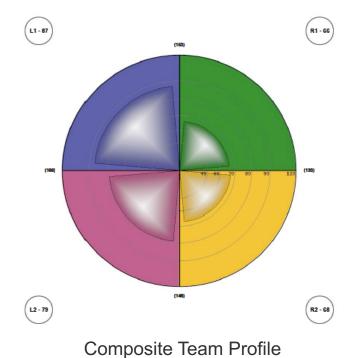


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Understanding Energy and Potential Blind Spots





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03

Seeing Your Client Cases through the NBI



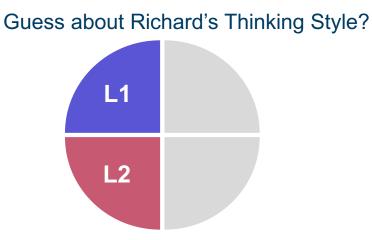
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Case of "Nancy"

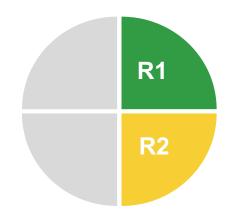


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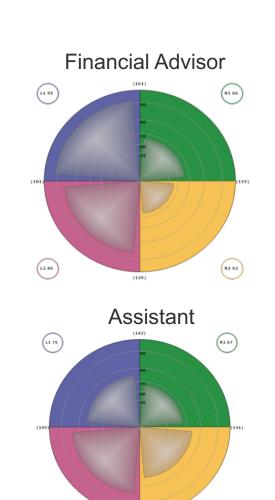
Client Case



Guess about Nancy's Thinking Style?



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(158)

L2 84



R2 74

Listening Checklist

Slow Down and Pay Attention Anew: Be an Anthropologist

- Starts with review of goals or deliverables
- Asks for "right answers" or proof

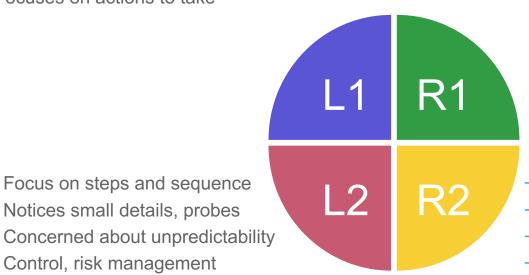
Focus on steps and sequence

Focuses on next steps and timelines

Notices small details, probes

Control, risk management

- Debate, talking over
- Focuses on actions to take



- Non-business topics at the start or throughout, changes topics
- "What if..." guestions
- Interest in exploring options vs. making definitive decision

- Eye contact
- Starts with personal updates
- May not argue or challenge
- Facial expressions, body language as means of communication
- Talks in terms of comfort and discomfort



Adapted from NBI™ material by CMS Associates

Working and Communicating with the Quadrants

L1

L2

R1

R2

Be Clear and Convincing

- Define concrete targets and goals
- Back up points with facts & data
- Expect debate & engage in it
- Stay focused
- Keep small talk to minimum

Be Practical and Organized

- Provide instruction about the start, not just the end goal
- Create steps, timelines and milestones and adhere to them
- Establish routines

Stay Flexible. Discuss What's Possible

- Anticipate variety of options, help prioritize
- Allow for calculated risks
- Diverge, then narrow new ideas

Be Personal and Supportive

- Lead with interest in other person
- Notice and ask about visual cues
- Provide positive feedback
- Recognize some decisions are based on values, not logic



Adapted from NBI™ material by CMS Associates

Resources

- Top Brain, Bottom Brain: Surprising Insights Into How You Think. Kosslyn, S. and Miller, G. (2013) New York: Simon & Schuster
- Mindsight: The New Science of Personal Transformation. Siegel, D., M.D. (2010) New York: Bantam Books
- Whole Brain Business Book, 2nd Ed. Herrmann, N. (2015) New York: McGraw Hill
- The Tell-Tale Brain: A Neuroscientist's Quest For What Makes Us Human. Ramachandran, V. S. (2011) New York: W. W. Norton & Company
- Your Brain at Work. Rock, D. (2009) New York: Harper Collins
- Neethling Brain Instrument (www.wholebrainthinking.com/au)



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