

## Seeing How We Think: Insights for Building Strong Connections

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Confidence must be earned



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## 01

## NBI<sup>™</sup> and the Four Dimensions



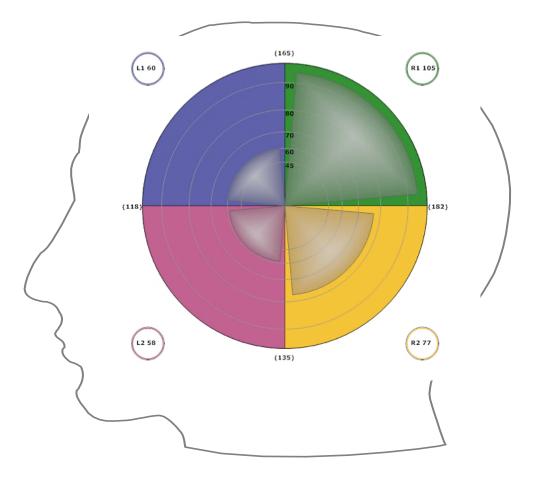
Page 2 | 27766-12-0521 | For Broker/Dealer Use Only. Not for Use With the Public.

### "We don't see things as they are, we see things as we are."

- Anaïs Nin



## NBI<sup>™</sup> Model



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## **Left and Right Hemispheres**

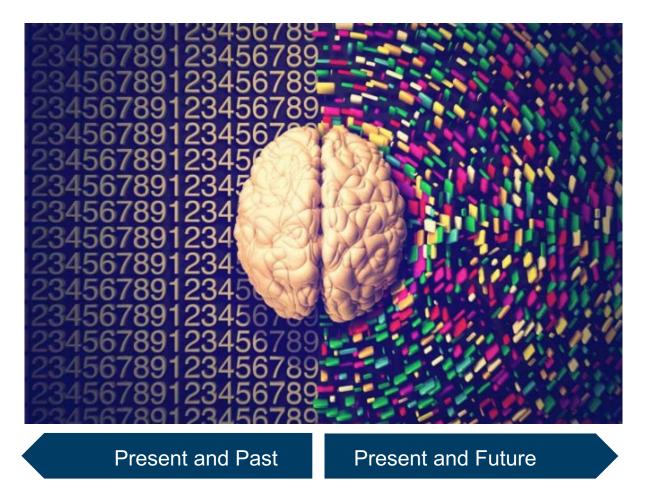
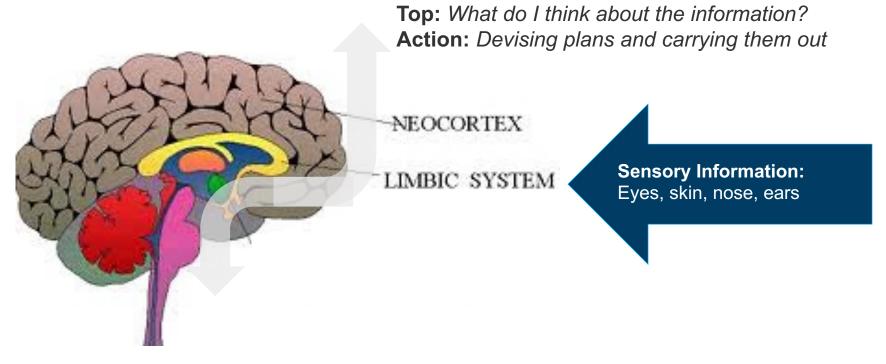


Image: https://twitter.com/postjoe



## **Top and Bottom Processes**



**Bottom:** What are the patterns I see, what do they remind me of? **Action:** Classifying and putting things in order

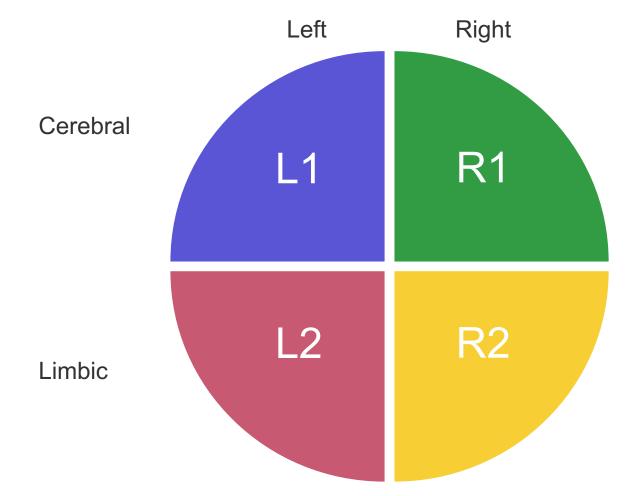
Adapted from NBI™ material by CMS Associates. Image: https://social-brain.com



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## **Thinking Preferences**

Four Dimensions



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### L2: "How?"

#### Preservers & Organizers

Brain looks for:

- Consistency, details, efficiency, order, reliability, routing

Questions they ask:

- How should it be done?
- How do we start? Then what?
- How will this be implemented?

Known for:

- Being on time
- Sticking with routine
- Planning, structure, controls

Makes decisions by:

- Well-informed with all possible data
- Relying on proven methods

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- Thinking through all the details

#### Hallmarks of L2 Communication

☑ Correct

☑ Detailed, step-by-step

☑ Plans, contingency plans, milestones

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Analysts & Realists

#### **Brain looks for:**

Focus, Rationale, Logic, Objectivity, Concrete

#### **Questions they ask:**

What is the point? What's the goal or objective? What's the bottom line?

#### Makes decisions by:

Comparing against the plan or goal Relying on data and facts Testing logic

#### Known for: Liking to be right

Wanting things to be clear

#### Hallmarks of L1 Communication:

Coherent, probe for accuracy, cut to the chase









#### **Empathizers & Socializers**



**Brain looks for:** Social connections, shared information, harmony, understanding, support

Questions they ask: Who will be involved? Who will be affected? How do you feel about this?



#### Makes decisions by:

- Considering best interests of people involved
- Based on what feels right
- Agreement or checking in first before action

#### Hallmarks of R2 Communication:

- Encouraging
- Frequent
- Emotionally expressive

#### Known for:

- Diplomacy
- Comfortable with multiple realities
- Connecting well





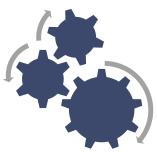
## R1: "Why?"

#### Strategists and Imagineers

Brain looks for: Possibilities, opportunities, connections to big picture

#### **Questions they ask:**

Why does this matter? Why am I doing this? Why don't we try...



#### Makes decisions by:

- Thinking about connections and implications
- Imagining what could be in the future
- Challenging status quo

#### Known for:

- Innovative ways of doing things
- Taking risks, experimentation
- Preferring change to routine

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#### Hallmarks of R1 Communication:

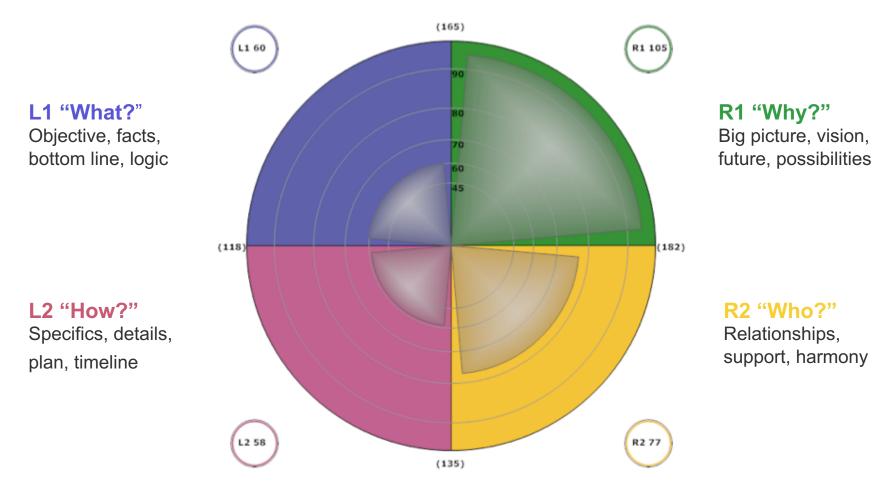
- Many ideas and possibilities
- Conceptual versus details/practical





## **Example Profile**

#### "Map" of Thinking Processes





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## 02

## Working with Thinking Preferences



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#### **Business Case**

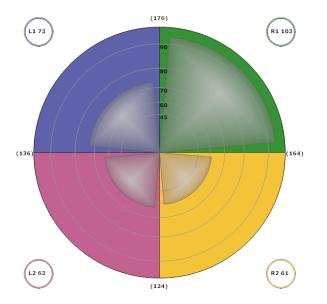
Enable your patients to reach new heights with Zenebrel.



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#### **Business Case**





#### Pharmaceutical Sales Team Marketing Pitch

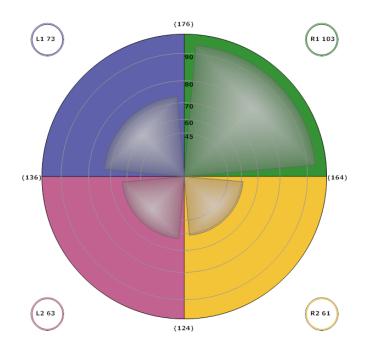
Enable your patients to reach new heights with Zenebrel.

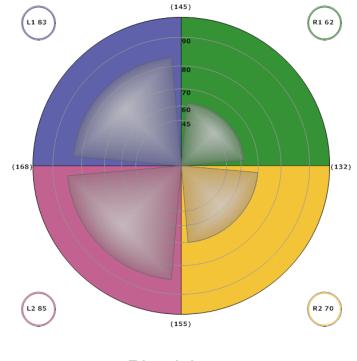
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#### **Business Case**

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Pharmaceutical Marketing Pitch

Physicians



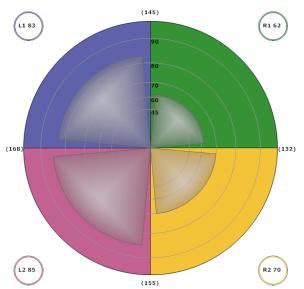
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#### **Business Case**



Target inflamed joints for immediate relief with Zenebrel.

Physicians

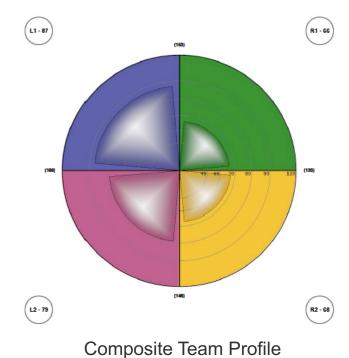


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Understanding Energy and Potential Blind Spots





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## 03

## Seeing Your Client Cases through the NBI



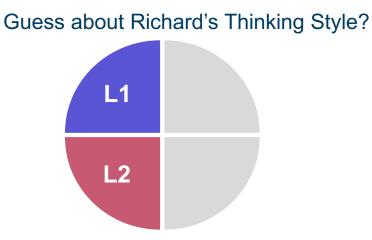
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## Case of "Nancy"

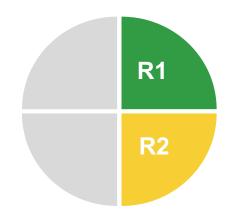


Page 20 | 27766-12-0521 | For Broker/Dealer Use Only. Not for Use With the Public.

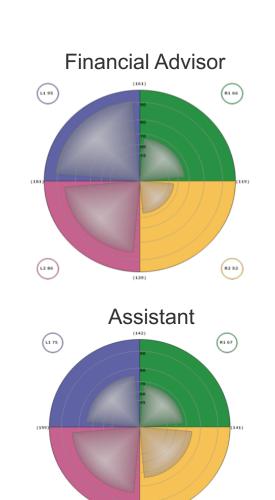
## **Client Case**



Guess about Nancy's Thinking Style?



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(158)

L2 84



R2 74

## **Listening Checklist**

#### Slow Down and Pay Attention Anew: Be an Anthropologist

- Starts with review of goals or deliverables
- Asks for "right answers" or proof

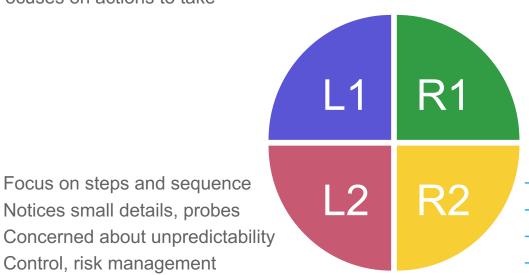
Focus on steps and sequence

Focuses on next steps and timelines

Notices small details, probes

Control, risk management

- Debate, talking over
- Focuses on actions to take



- Non-business topics at the start or throughout, changes topics
- "What if..." guestions
- Interest in exploring options vs. making definitive decision

- Eye contact
- Starts with personal updates
- May not argue or challenge
- Facial expressions, body language as means of communication
- Talks in terms of comfort and discomfort



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## Working and Communicating with the Quadrants

L1

L2

**R1** 

R2

#### Be Clear and Convincing

- Define concrete targets and goals
- Back up points with facts & data
- Expect debate & engage in it
- Stay focused
- Keep small talk to minimum

#### **Be Practical and Organized**

- Provide instruction about the start, not just the end goal
- Create steps, timelines and milestones and adhere to them
- Establish routines

#### Stay Flexible. Discuss What's Possible

- Anticipate variety of options, help prioritize
- Allow for calculated risks
- Diverge, then narrow new ideas

#### **Be Personal and Supportive**

- Lead with interest in other person
- Notice and ask about visual cues
- Provide positive feedback
- Recognize some decisions are based on values, not logic



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### Resources

- Top Brain, Bottom Brain: Surprising Insights Into How You Think. Kosslyn, S. and Miller, G. (2013) New York: Simon & Schuster
- Mindsight: The New Science of Personal Transformation. Siegel, D., M.D. (2010) New York: Bantam Books
- Whole Brain Business Book, 2<sup>nd</sup> Ed. Herrmann, N. (2015) New York: McGraw Hill
- The Tell-Tale Brain: A Neuroscientist's Quest For What Makes Us Human. Ramachandran, V. S. (2011) New York: W. W. Norton & Company
- Your Brain at Work. Rock, D. (2009) New York: Harper Collins
- Neethling Brain Instrument (www.wholebrainthinking.com/au)



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