

**Table 3: Average Social Security Benefit by Age of Recipient\***

Age	Average Benefit	Age	Average Benefit
62	\$1,119	81	\$1,501
63	\$1,158	82	\$1,476
64	\$1,234	83	\$1,431
65	\$1,292	84	\$1,410
66	\$1,458	85	\$1,408
67	\$1,500	86	\$1,414
68	\$1,507	87	\$1,434
69	\$1,503	88	\$1,424
70	\$1,609	89	\$1,423
71	\$1,627	90	\$1,434
72	\$1,602	91	\$1,434
73	\$1,613	92	\$1,434
74	\$1,574	93	\$1,434
75	\$1,566	94	\$1,435
76	\$1,564	95+	\$1,413
77	\$1,565	All 45 million recipients	\$1,503
78	\$1,566	Men	\$1,671
79	\$1,548	Women	\$1,337
80	\$1,517		

\* From: Annual Statistical Supplement to the Social Security Bulletin, 2020. Table 5.A1.1.