

**Table 6: National Annual Median Cost for Long-Term Care, 2019**

Type of service	Description	Median cost
Adult day care center	Social and support services in a community-care setting (5 days per week for 52 weeks)	\$19,240
Assisted living facility	Group residences that provide personal care and health services (private, one-bedroom)	\$51,600
Homemaker services	"Hands-off" care, such as cooking, cleaning, and running errands (44 hours per week for 52 weeks)	\$53,768
Home health aide	"Hands-on" personal care, such as bathing, dressing, and eating, but not medical care (44 hours per week for 52 weeks)	\$54,912
Nursing home	Facilities that provide personal care, supervision, medications, therapy, rehabilitation, and on-site nursing care 24 hours a day.	\$93,075 (shared room)
		\$105,850 (private room)

Source: Genworth 2020a.